

JUNIOR SPORTS DAY

February, 23, 2023-24

Sports is the arena where dreams take flight, champions are born and passion knows no bounds.

Junior Sports Day was organized for **classes PS to V** on **February 23, 2024** on the school premises to enable our students to learn essential life skills like teamwork, sportsmanship, and self-confidence, which are invaluable beyond the sports field. It was a vibrant display of talent and enthusiasm. **Dr Rachit Bhatia** (Ranji Trophy representing Nagaland Cricket Association), our proud alumnus was the Guest of Honors.

The event commenced with a soulful 'Shabad' recital, setting a serene tone for the day. The school Principal Mrs. Asha Saran Srivastava delivered an inspiring address, emphasizing the values of sportsmanship and camaraderie. The ceremonial lighting of the torch marked the official start of the event, symbolizing the spirit of unity. Our students participated in many events including the Circuit Race, the Wheelbarrow Race, Hula Hoop Challenge etc., showcasing their agility and teamwork. The fitness drill, aerobics and yoga 'Asanas' added an element of skill and finesse to the proceedings, captivating the audience. The races of the parents of Classes IV and V were the highlights of the Sports Day.

The Guest of Honors, Parents, Principal and Headmistress felicitated the winners with medals and certificates. It was a day filled with fun and frolic and memories to cherish for years to come. The school Head Mistress Mrs Shikha Dhameja delivered the vote of thanks.

The event ended with the National Anthem.

